



Code of Practice

This Code of Practice is a declaration of acceptable, ethical, and professional behaviour which all Healing Space certified teachers are expected to uphold.

As a Healing Space teacher, I agree that

1. I will maintain and uphold the Yamas and Niyamas in my teaching practice.
2. I will respectfully acknowledge that Yoga is a practice originating from the Indian Subcontinent, with practices that come from the Hindu tradition. I will not endorse any view of Yoga that seeks to minimise or deny these connections.
3. I will conduct myself professionally and courteously in all my dealings with fellow professionals and with members of the public.
4. I will maintain suitable professional indemnity insurance and membership of a professional yoga membership organisation and I should be prepared to produce evidence of these for employers or clients, if requested.
5. I will acknowledge the source of my training – Healing Space – as appropriate when offering yoga for cancer classes or workshops.
6. I will participate in, and keep a record of, continuing professional development activities (trainings, workshops, online studies etc.) and keep up to date with the latest research pertaining to yoga and cancer.
7. I will refrain from marketing any form of training to yoga teachers in yoga for cancer, or using the Healing Space name or branding for this purpose. If I wish to offer workshops or trainings to professionals, I will first discuss the opportunity with the Healing Space course director.
8. I will acknowledge the limits of my scope of practice. Where I am not qualified to offer advice, I will refer students to seek alternative advice, treatment, or direction from a suitably qualified professional.
9. I will not promote or encourage my students to follow any treatment – conventional or alternative (especially those that are untested and un-evidenced) - that may be contrary to the advice given by their medical team.
10. I will ensure that any space that I use for my teaching is clean, safe and accessible for those with physical limitations.
11. I will actively encourage and promote diversity in respect of age, physical limitations, race, gender, ethnicity, religious affiliation and sexual orientation, seeking to uplift and give voice to those who are marginalised.
12. I will respect the rights, dignity, and privacy of all students and adhere to ethical and legal considerations around confidentiality and disclosure.
13. I will refrain from any behaviour or language that constitutes sexual harassment or bullying.
14. I will uphold personal and professional boundaries and refrain from initiating or conducting intimate or sexual relationships with my students.
15. I will refrain from engaging in any conduct or activities that discredit Healing Space, or which brings the discipline of Yoga into disrepute.